

THE ULTIMATE  
CHECKLIST FOR:



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# Moving Abroad

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**UPDATED**  
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## CHECKLIST FOR:



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### As Soon As Possible

- Decide on a location
- Research the destination
- Complete Background Check
- Check Medical Requirements & Get STD Tested
- Figure out a move date
- Start saving as much money as possible

### 90 Days Prior

- Obtain or Inspect your passport
- Look for a job
- Check the Visa requirements for long-term stays
- Purchase travel tickets
- Purchase travel insurance
- Check for vaccination requirements
- Begin vaccination series
- Start compiling documents that you may need abroad
- Obtain medical and dental records
- Get organized
- Look for places to live
- Start trying to learn the language
- Decide what to keep, sell, donate, or throw away
- Start selling and throwing away items
- Open an international bank account
- Attempt to minimize debt
- Put your house on the market
- Unlock your phone



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## 60 Days Prior

- Start packing
- Complete a background check
- Obtain a list of medications
- Fill enough prescriptions for 3 months
- Renew expiring wallet items
- Find accommodations for when you arrive
- Join social groups specific to your new country

## 30 Days Prior

- Get your Visas
- Inform landlord you are leaving
- Start setting appointments to disconnect services
- Register with the embassy
- Cancel all subscriptions and memberships
- Forward mail
- Change your address
- Obtain International Driver's Permit
- Pay off all bills
- Notify banks of move
- Buy unavailable products
- Get final checkups
- Obtain medical certificate
- Download/Buy a VPN
- Check absentee voting requirements





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### Two Weeks Prior

- Submit resignation letter
- Finish selling items
- Finalize packing
- Clean up house
- Download communication apps
- Figure out how you are getting from the airport
- Have a goodbye get-together

### Day You Leave/When You Arrive

- Take a minute to savor how momentous this is
- Have the name, address, and phone number where you are staying for immigration and taxi drivers
- Double check you have everything you need
- Don't forget your passport!
- Exchange currency
- Get local SIM card
- Port phone number to Google Voice
- Disconnect cell phone service
- **START LIVING YOUR NEW LIFE!**

GIVE YOUR SELF A ROUND OF  
APPLAUSE! YOU DID IT! YOU ARE  
OFFICIALLY AN EXPAT!

